



child & nature

Alliance

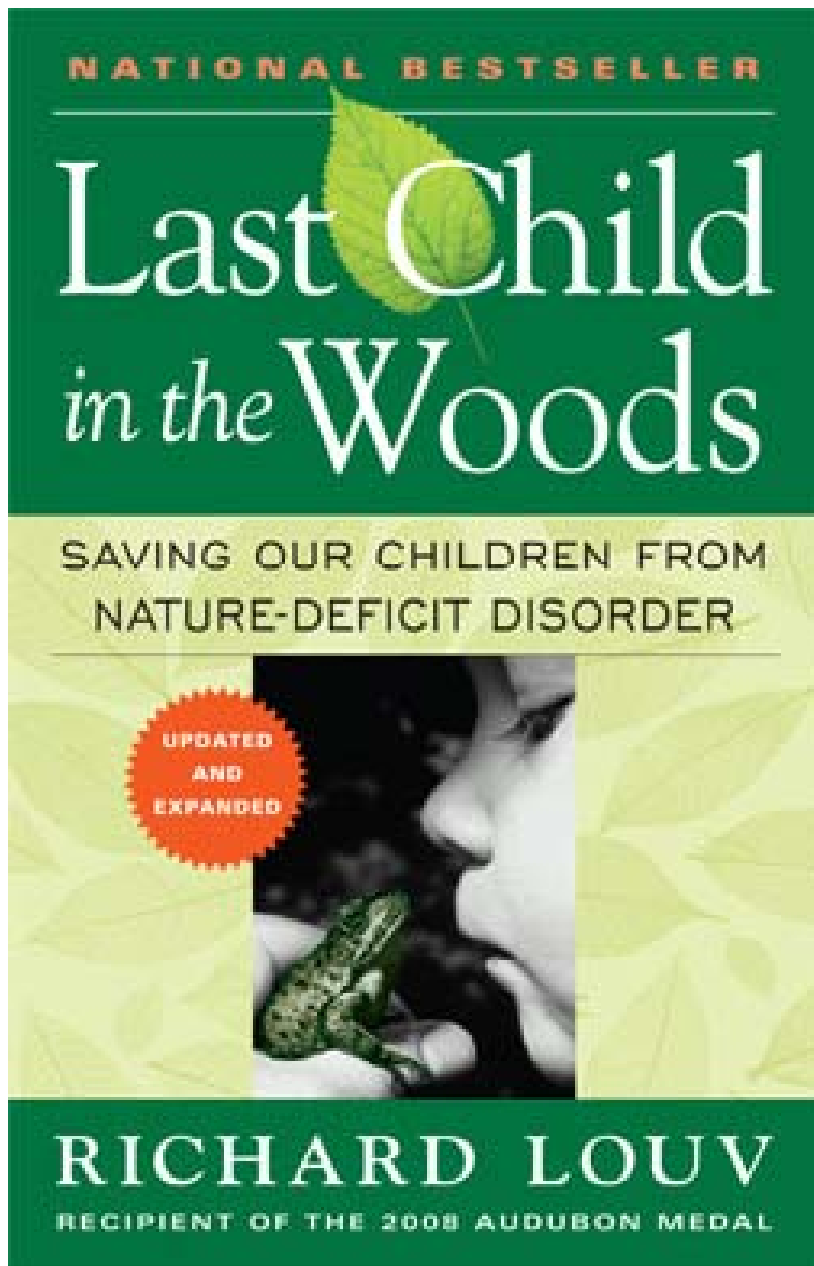
www.childnature.ca

Cities Fit for Children Presentation

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October 23, 2009

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Richard Louv, 2005:
'Nature-deficit disorder'



“... society must be intentional about ensuring that children have non-directed choices in nature.”

How did we get here?



Obesity

Depression

ADD/ADHD

Over-structured

Fear

**Disconnected
from nature**



Smarter

Healthier

Happier

Nicer



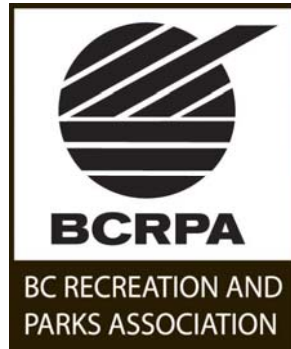
Data available at www.cudenver/cye & www.childrenandnature.org



What are we doing in BC?



- 2007 Dialogue
- 2009 Get Outside! Forum





Vision - All children and families are connected with nature & the outdoors in order to enhance their health & well-being.



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 www.childnature.ca



About the Alliance · Events · Videos and Photos

Map

Map Satellite Hybrid Terrain

Canada Hudson Bay Greenland

Gulf of Alaska

United States

North Pacific Ocean

Map data ©2009 Tele Atlas

Welcome **Example Organization**

Please enter your details below:

street:

city:

province:

do you wish to place a marker on the map?

Yes: No:

email:

do you want to receive updates from us?

Yes: No:



Virtual Network: www.childnature.ca



What can you do?



- Support **walking to school**
- Encourage **outdoor play**
- Reduce **perception of fear**
- Ensure **‘nearby nature’**
 - ✓ Plant trees
 - ✓ Revitalize parks
 - ✓ Green schoolyards
- Develop **standards**
- Start a local **campaign**
- Host **workshops**
- Sign the **declaration!**



www.naturalplaygrounds.ca



<http://farm3.static.flickr.com>



www.naturalplaygrounds.ca



<http://www.speakupwinnipeg.com>



Questions to ponder . . .

Resources

- **Child and Nature Alliance:**
www.childnature.ca
- **Children and Nature Network:**
www.childrenandnature.org
- **Schoolyard Naturalization:**
www.evergreen.ca/en/lg/

Email me:

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Get Outside! Forum

March 7-9th, 2009