

### Books and reports

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### **Recent Articles**

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### **Current Websites**

1. Canadian Pediatric Society: <http://www.cps.ca/English/HealthCentres/index.htm>
2. Centre of Knowledge on Healthy Child Development: [www.knowledge.offordcentre.com](http://www.knowledge.offordcentre.com)

## Canadian Paediatric Society – Paediatrics & Child Health – Early years resource list for physicians

3. Council for Early Child Development: [www.councilecd.ca](http://www.councilecd.ca)
4. Encyclopedia on Early Child Development: [www.excellence-earlychildhood.ca/encyclopedia](http://www.excellence-earlychildhood.ca/encyclopedia)
5. Human Early Learning Partnership: <http://www.earlylearning.ubc.ca/resources.htm>
6. Motherisk (for professionals): <http://www.motherisk.org/prof/index.jsp>

### Resources for Parents

#### Books for parents

1. Blaffer Hrdy, Sarah. (2009). *Mothers and others: The evolutionary origins of mutual understanding*. Belknap Press of Harvard University Press.
2. Early Childhood Learning Knowledge Centre (2009) *Learning starts early: Attachment*. Montreal, PQ: GRIP- Universite de Montreal. [http://www.ccl-cca.ca/pdfs/ECLKC/other/LSE\\_Attachment200905\\_EN.pdf](http://www.ccl-cca.ca/pdfs/ECLKC/other/LSE_Attachment200905_EN.pdf)
3. Eliot, Lise. (2000). *What's Going on in There?: How the Brain and Mind Develop in the First Five Years of Life*. Bantam Books.
4. Glöpnik, A. (2009) *The Philosophical Baby*. Farrar, Straus & Giroux.
5. Kabatzinn, Myla & Kabatzinn, Jon. (1998). *Everyday Blessings: The Inner Work of Mindful Parenting*. Hyperion.
6. Sacks, Diane, ed. (2009). *The Canadian Paediatric Society Guide to Caring for Your Child from Birth to Age Five*. Wiley.

#### Websites for parents

1. Caring for kids (Canadian Paediatric Society website): <http://www.caringforkids.cps.ca/index.htm>
2. Encyclopedia on Early Child Development: [www.excellence-earlychildhood.ca/encyclopedia](http://www.excellence-earlychildhood.ca/encyclopedia)
3. Handbook of Language and Literacy Development: A Roadmap from 0 to 60 Months: [www.theroadmap.ca](http://www.theroadmap.ca)
4. Health Canada: <http://www.hc-sc.gc.ca/hl-vs/jfy-spv/parents-eng.php>
5. Invest in Kids: [www.investinkids.ca](http://www.investinkids.ca)
6. Motherisk (for parents): <http://www.motherisk.org/women/index.jsp>
7. ParentsMatter (Family Resource Programs website): [www.parentsmatter.ca](http://www.parentsmatter.ca)